

## Prayer Shawl Ministry

Our prayer shawl ministry continues to serve the people of our community. We have a devoted group of women who gather regularly on the third Saturday of each month at 8:30am in different people's homes.

Our group is ecumenical and expanding all the time. We represent many different churches and encourage anyone who is interested, to attend and bring a friend. You do not have to be experienced to come. We are willing to teach you!

We open with prayer, discuss patterns and colors, teach others, pray for others, and listen to a short meditation. During a time of silence we focus on God, our knitting, and the clicking of our needles.

We have given away over 125 shawls. The shawls and lap robes have been warmly and graciously received. We trust that the shawls we have created send a message of God's love and compassion to all who receive them.

Our next gathering will be on January 18th at 8:30am. We look forward to having new members.

Please call for information and locations:  
Sue Seel/ 631-689-0683

## Ultreya!

Ultreya is a Spanish word, meaning Onward! It was in common use by pilgrims to greet and encourage one another along the way. All Parishioners and their friends are welcome to join us for Ultreya. It is a shared time of fellowship, singing and spiritual encouragement.

We will meet on Friday, January 24th at 7:30pm. All are welcome to join us.

## Vestry Highlights December

- ◆ Passed 2014 Operating Budget
- ◆ Distributed \$8,400+ to outreach
- ◆ Congratulated Stewardship on year-long efforts
- ◆ Fundraising & Outreach Committee will function as coordinator for fundraising events
- ◆ Searing Plot recognition and restoration, initiated by Laine Cash and followed by an Eagle Scout project by Thomas Hull completed

## Buildings & Grounds

Happy New Year!

Well, in the December article I wrote “part of me dreams of a “White Christmas” but the other half is mindful of the cost of the snowplows. Maybe just a dusting on Christmas Eve . . .”

He delivered, with a brief white-out during the 8 PM service and some icy walkways. But the illuminated church exterior and the snow-covered crèche certainly looked picturesque.

2013 was an active year for our buildings and grounds, with many improvements. The committee will be setting some goals and priorities for 2014 and I hope to include those in the annual report. If time does not permit, those goals will be put into February's edition of *The Carillon*. Certainly the church undercroft, the carriage shed and cemetery headstones will be on the “to do” list.

In preparation for giving the church undercroft a facelift, Barbara Russell will be leading the effort to cull the library collection down to a more manageable size. We want to make that space a more group friendly multipurpose room. Some painting and lighting upgrades to the undercroft area should make it more inviting.

Thanks also to parishioner Robert Buchet, who brought his tractor over to Caroline on December 28 and was able to regrade the white stone in the front lot. More stone will be added in the spring, but for now much of the irregularities and potholes have been eliminated.

While some jobs are best left to the experts, others can be done in house at a fraction of the price. Len Calone is organizing a small group to paint the nursery. If your group—whether it be a formal organization, a family or a few friends—wants to tackle a single room project or exterior project, just let me know. Most of the exterior railings need painting and one or two people can get a lot done in a single day. Two staircases in the MCS Building also need painting. We will supply the materials if you are willing to do the labor.

So while the weather may not be too inviting to tackle exterior projects, interior work is needed and now is a good time to plan. If you want to give back more to Caroline Church without a long term commitment, consider getting together with a friend or two and diving in to a single home improvement project for your spiritual home. Call me to discuss what project may fit your time and talents—I'm in the directory.

Chris Haring, Chair  
Buildings and Grounds

## Energy Efficiency Imaging Program Shows Invisible Energy Problems in Long Island Homes

Farmingdale, New York – December 26, 2013 - Announced today, the launch of The Great LI Home Energy Imaging Project ([www.lienergy.org](http://www.lienergy.org)), a home energy efficiency effort designed to help Long Island homeowners visualize the home heating and comfort problems that may exist in their homes as a first step toward further action.

“A typical Long Island family pays \$ 5000 a year or more for heating fuels and electricity, a huge drain on their family resources” stated Chuck Schwartz, Director of LI Green, a local not for profit environmental organization. “What is really disturbing however is that the same time they are paying this exorbitant expense their homes are quite often extremely cold and unhealthy.”

“There are tremendous opportunities to help families address energy efficiency and comfort issues in Long Island homes, including no-cost home energy assessments through a excellent NY State program from NYSERDA”, said Joseph Bonifazio, Vice President of Green Homes Long Island, an accredited energy efficiency contracting company and partner in the Great LI Home Energy Imaging Project. “The challenge is for homeowners to understand better that they have problems and to take action.”

Using advanced, powerful infrared thermography equipment, a heat picture and thermal profile of the participant’s house will be taken. The infrared photo will clearly identify heat loss and cold gain issues that may exist. This information provides a useful starting point for determining the level of concern that can exist at residences for high energy costs, health and comfort issues. A report will be provided about the findings from each house. At the same time homeowners will be given an opportunity to receive a no-cost comprehensive energy assessment of their home.

There is no fee for families to participate in the Great LI Home Energy Imaging Project.

Great LI Home Energy Imaging Project services will be provided by technology students from Long Island colleges and universities. The equipment for the project that is being used is provided by the Advanced Energy Research and Technology Center ([www.aertc.org](http://www.aertc.org)) through a grant from the NY State Energy Research and Development Authority (NYSERDA).

“The Great LI Home Energy Imaging Project” is a great example of the public / private partnerships that Stony Brook University and the Advanced Energy Center are creating,” stated Dr. Yacov Shamash, Vice President of Economic Development for Stony Brook University & Dean of the College of Engineering and Applied Science at Stony Brook. “Energy use impacts every aspect of our lives. The Home Energy Imaging Project will scientifically identify heating and cooling losses and provide a clear picture of actions to be taken.”

To sign up to have their homes studied or for more information Long Island homeowners should go to [www.lienergy.org](http://www.lienergy.org) or call LI Green at 1.631.721.1908.

LI Green ([www.ligreen.com](http://www.ligreen.com)), a 501(c)3 not for profit organization, was founded in 2007 to help Long Island homeowners identify ways to lower their use of fossil fuels through innovative community engagement programs. To date over 2500 Long Island families have received LI Green services.

Green Homes Long Island ([www.greenhomeslongisland.com](http://www.greenhomeslongisland.com)) is an Accredited Building Performance Institute contracting company providing services that help Long Island homes to be more healthy and affordable. Their trained staff is expert at all issues related to home energy including insulation, building air flow, plumbing, heating, air conditioning, and electrical needs. The company is an extension of a local company with over two decades of experience in our community.

Advanced Energy Research and Technology Center ([www.aertc.org](http://www.aertc.org)) is a NY State designated Center of Excellence focused on the development of next generation energy research, technology deployment and driving job creation in the energy sector.



### Parish Family News

Parishioner News Events: Please send items of interest (weddings, accomplishments etc.) to Maritza Groth at [mlgroth@aol.com](mailto:mlgroth@aol.com) or Irene Ruddock at [peace2429@optonline.net](mailto:peace2429@optonline.net)  
Submitting photos is encouraged!

*Both your happy news and news of other life changes such as a loss of a close family member will be shared through this column when you let us know to do so. As a Christian family, we will be closer if we can share our life joys and struggles with one another.*

# Stewards of our Relationship with God

January 2014

## Sabbath and Spiritual Practices



**Be still and know that I am God.**

Psalm 46:10



In all our living we belong to God. Stewardship begins with our relationship with God. We've experienced it in the midst of a rush of celebrations and hope-filled worship during the Christmas season. Now experience a season of Sabbath rest in God to deepen that relationship. Sabbath is simply setting aside time to delight in God, a gift to God and oneself in the midst of our rushing, checklists, productivity, and burn-out. "God gives, in the midst of relationships, to create, to strengthen and honor, and with the intimacy of one desiring deep and fruitful relationships."

There are many ways of Sabbath keeping. Some people prefer to set aside a specific time daily or weekly to engage in particular spiritual practices. Others prefer to incorporate spiritual practices into the midst of daily life. Through spiritual practices, Christians through the ages have encountered God in life-renewing ways. Prayer is the most traditional but there are many others – fasting, hospitality, forgiveness, gratitude, meditation, Bible study, journaling, worship, listening, living simply, acts of compassion and justice, honoring the body, artistic expression... We become what we practice.

As a center of hope and transformation, let us, at Caroline Church help those in our communities live into a new way of life.

Adapted from: <http://www.ucc.org/stewardship/year-round-stewardship>



**See you in church!**



in partnership with  
**New York** Blood Center

# Super Community Blood Drive

**GIVE BLOOD AND JOIN THE WORLD'S BIGGEST HUDDLE!**



**Brian Hazell  
Blood drive**

**Date: Wednesday, January 8<sup>th</sup>**

**Time: 2:30 pm – 8:30pm**

**Place: Caroline Episcopal Church  
1 Dyke Road ~ Setauket**

The **NY/NJ Super Bowl Host Committee** is partnering with NYBC to help  
increase blood donations leading up to **Super Bowl XLVIII**.

All presenting donors between **now** and **January 17, 2014** will  
be entered into a sweepstakes for one pair of tickets to **Super  
Bowl XLVIII!** (valued at \$2,500)

The more often you donate, the more times you will be entered. All presenting donors will also receive a  
Super Community Blood Drive wristband.

NYBC Eligibility Line 1-800-688-0900  
NO SS # Required – A Photo or Signature ID Required.  
Eat well balanced meals before giving blood.

**Walk ins are Welcome**

**For an appointment call: Brian 751-2623**

**New York** Blood Center

## Blood Drive

Dear Caroline Church Family,

My name is Brian Hazell, you see me around church or up at the altar helping Canon Richard or Father Farrell as an acolyte, but now I am asking for your help.

On January 8th 2014, I will be holding a community blood drive in the Marco C. Smith Building. I am asking for pledges from people who are willing to donate blood to help save lives.

I know that after the Holidays most people feel worn out by all the giving that they have done but I don't ask for money, food or presents, I just ask for time, if you show up we will take care of the rest. There is no substitute for human blood; there is no way to make blood - it must be donated by good people like you. One pint of blood is all that you donate but that one pint can save three lives. Only about 2% of all the local eligible donors donate which is lower than the national average of 5% which leaves it especially hard for our local hospitals to supply everyone who needs blood, especially during the holidays because of everyone's busy schedules.

If anyone wants more information about the drive and what makes a candidate eligible please come and talk to me at church or call me at (631)-751-2623. You do not need to be a member of our church to donate; this is a community blood drive so bring friends and family.

This holiday season give more than money, give Life.

Sincerely, Brian Hazell



## Confirmation Class 2014

The confirmation class is now underway with ten members. They are a wonderful group of young women and men, and it is a great joy to help them discern what they hold to be true and how they want to live out those beliefs. Please pray for each one throughout the year: Alex, Hayley, Jessie, Jetsen, Jordynn, Kyle, Shawn, Tim, Tom, Zach.

## Caring for the Caregiver

Caroline Church has emerged in our local and, actually, not so local community as a place that provides caregivers, any and all caregivers, a forum in which to come and receive support on many different levels.

It is remarkable to see a caregiver attend their first meeting. They are usually pretty raw and desperate, just trying to survive and get through each day. Then you watch them leave; the fight back, their energy renewed. The support of other human beings, all suffering their own uniquely difficult and challenging issues, has provided a bond of support generously sharing the combined strength of all. It is wonderful to witness the work of the Holy Spirit in our lives.

The support group continues to meet on the 2nd and 4th Saturdays of each month from 9:30am - 11:00am in the Parish House. The group is free, non-denominational, non-sectarian and non-disease specific.

For additional information, please contact Virginia Cash, Support Group Facilitator, at 631-428-0902 or at [vcash5msw@aol.com](mailto:vcash5msw@aol.com)



## Sonshine Ministries

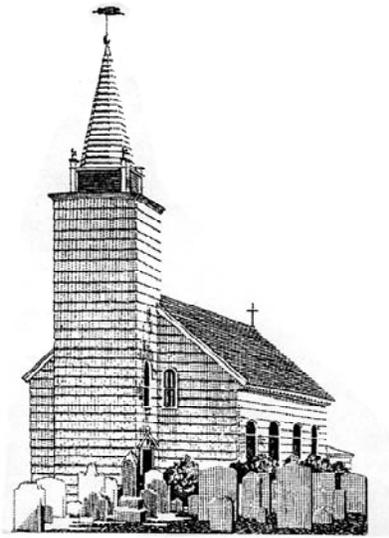
The Sonshine Ministry is here for **YOU!** Let us make your life easier as you or a loved one recuperates. Many fellow parishioners are on hand to bring a hot meal to your home. All that's required is to **ASK!** If you, or someone you know is in need of this ministry, please contact Dianne Johnson, 473-7913; Claire Mis 689-1210 or [cmis@hotmail.com](mailto:cmis@hotmail.com); or Barbara Delfyett at 751-3658.



## Grief Support Group

Our next meeting is to be determined. Anyone who has lost a loved one is cordially invited, even if your loss was years ago. Your attendance may be the spark to help someone else. We follow a basic structure and all sharing or discussions are held confidential.

For additional information, please contact Cn. Richard at the parish office, or Don Muffly at 689-8804.



The Rector, Wardens and Vestry cordially invite you to  
**The 2014 Epiphany Ball**

Saturday January 25<sup>th</sup> 6 pm to 10 pm  
 The Old Field Club  
 86 West Meadow Road, Setauket

Cocktails & Hor Dourves  
 Followed by Dinner and Dancing  
 Cash Bar

\$60 per person  
 Paid reservations please  
 by January 15<sup>th</sup>

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Name(s) \_\_\_\_\_

Please reserve \_\_\_\_\_ places at \$60 per person Total enclosed \_\_\_\_\_  
 Checks payable to Caroline Church

I/We will dance if you play: \_\_\_\_\_

Tables of 8 or 10. Please make every effort to seat us with:

\_\_\_\_\_



# JANUARY 2014



|   |  |  |  |  |   |  |
|---|--|--|--|--|---|--|
|   |  |  | 1<br>NEW YEARS DAY/<br>OFFICE CLOSED   | 2<br>10:30 AM Pastoral<br>Team to Sunrise Asst.<br>12:30 PM H.E & Heal-<br>ing Service<br>7:00 PM Sr Choir<br>rehearsal in Upper<br>Parish House   | 3<br>9:30 AM Collate the<br>Carillon<br>7:30 PM OSL Healing<br>Service at St. Cuth-<br>bert's Church  | 4<br>9:00 AM<br>Daughters of the<br>King meet in<br>Parish House   |
| 5 Christmas II<br>8:00am, 9:30am,<br>11:15am Services<br><br>CS Welcome Back Cof-<br>fee Hour<br>9:30 AM Joyful Noise<br>Choir<br>9:30 AM YOUTH SUN-<br>DAY<br>11:15 AM CYC Brunch<br>at Setauket Diner<br>3:00 PM Book Club<br>meets | 6 FEAST OF THE<br>EPIPHANY<br>10:00 AM Staff<br>Meeting<br><br>7:30 PM Home Bible<br>Study in Upper Room<br>of Parish House  | 7<br>10:00 AM ECW<br>(MB) meets in MCS<br>building<br><br>3:30 PM Soup Kitch-<br>en at CCUM  | 8<br><br><b>2:30 PM<br/>BLOOD DRIVE<br/>TODAY<br/>(Brian Hazell)</b>   | 9<br>10:00 AM Three Vil-<br>lage Homemakers<br>10:30 AM Pastoral<br>Team to Woodhaven<br><br>12:30 PM H.E & Heal-<br>ing Service<br><br>7:00 PM Sr Choir<br>rehearsal in Upper<br>Parish House   | 10<br><br><br>6:30 PM Confirmation<br>Class meets   | 11<br>8:00 PM<br>Brotherhood of St.<br>Andrew meets<br><br>9:30 AM Caring<br>for Caregivers<br>Support Group in<br>Parish House              |
| 12 Epiphany 1<br>Baptism of Our Lord<br><br>8:00am, 9:30am,<br>11:15am Services<br><br>4:00 PM Youth Group<br>Meets in the 'Cave'   | 13 <b>ANNUAL PARISH<br/>REPORTS DEAD-<br/>LINE</b><br>10:00 AM Staff<br>Meeting<br>6:45 PM 'Exploring<br>The Word' Bible Study<br>7:30 PM Home Bible<br>Study in Upper Room<br>of Parish House | 14<br>10:00 AM ECW<br>(MB) meets in MCS<br>building<br><br>3:30 PM Soup Kitch-<br>en at CCUM | 15<br><br><br>7:00 PM Vestry<br>Meeting  | 16<br>10:00 AM Three Vil-<br>lage Homemakers<br>10:30 AM Pastoral<br>Team to PJ Health<br>12:30 PM H.E & Heal-<br>ing Service<br>7:00 PM Sr Choir<br>rehearsal in Upper<br>Parish House          | 17<br><br><br>7:00 PM OSL Meeting<br>in MCS building  | 18<br><br><br>8:30 AM Shawl<br>Ministry in peo-<br>ple's homes   |
| 19 Epiphany 2<br><br>8:00am, 9:30am,<br>11:15am Services<br><br>9:30 AM Joyful Noise<br>Choir<br><br>4:00 PM Youth Group<br>Meets in the 'Cave'   | 20<br>10:00 AM Staff<br>Meeting<br><br>7:30 PM Home Bible<br>Study in Upper Room<br>of Parish House  | 21<br>10:00 AM ECW<br>(MB) meets in MCS<br>building  | 22   | 23<br>10:00 AM Three Vil-<br>lage Homemakers<br>10:30 AM Pastoral<br>Team to Jefferson<br>Ferry<br>12:30 PM H.E & Heal-<br>ing Service<br>7:00 PM Sr Choir<br>rehearsal in Upper<br>Parish House | 24<br><b>DEADLINE FOR<br/>THE CARILLON<br/>9:30 AM COLLATE<br/>THE APM RE-<br/>PORTS (Kitchen of<br/>MCS building)</b><br>6:30 PM Confirmation<br>Class meets<br>7:30 PM No. Shore<br>Ultreya at Caroline | 25<br>9:30 AM Caring<br>for Caregivers<br>Support Group in<br>Parish House<br><br><b>6:00 PM<br/>EPIPHANY<br/>BALL AT OLD<br/>FIELD CLUB</b> |
| 26 Epiphany 3<br><br>8:00am, 9:30am,<br>11:15am Services<br><br><b>CHURCH ANNIVER-<br/>SARY</b><br>11:00 AM Joyful Noise<br>Choir rehearsal<br>4:00 PM Youth Group<br>Meets in the 'Cave'   | 27<br>10:00 AM Staff<br>Meeting<br><br>6:45 PM 'Exploring<br>The Word' Bible Study<br>7:30 PM Home Bible<br>Study in Upper Room<br>of Parish House   | 28<br>10:00 AM ECW<br>(MB) meets in MCS<br>building  | 29<br><b>7:00 PM ANNUAL<br/>MEETING</b><br><br><br>Annual Church<br>MEETING | 30<br>12:30 PM H.E & Heal-<br>ing Service<br><br>7:00 PM Sr Choir<br>rehearsal in Upper<br>Parish House  | 31<br>9:30 AM Collate the<br>Carillon   |  |

# ***THE CARILLON***

**Caroline Church of Brookhaven**

**The Rev. Cn. Richard D. Visconti, Rector**

One Dyke Road  
Setauket, NY 11733-3014

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## **Epiphany Ball January 25th, 2014**



**Caroline Church of Brookhaven**

**Sunday Services: 8:00 a.m., 9:30 a.m., 11:15 a.m.**

*Tel. (631)941-4245 Fax (631)941-0280*

*Parish Office E-mail: [office@carolinechurch.net](mailto:office@carolinechurch.net)*

*Web site: [www.carolinechurch.net](http://www.carolinechurch.net)*