

Stewards of Our Bodies

Have you ever thought of your body as not belonging to you? Maybe this is a new thought to you. None of us own very much in this world, but certainly my body is my own, you say. Let us look at this idea a little closer for a few minutes. It will help us in our attitude regarding the importance of Better Living.

We accept God as the Creator of this earth, including all that is in it. Since God created all matter, or "things," this also includes our bodies. "And the Lord God formed man of the dust of the ground, and breathed into his nostrils the Breath of life; and man became a living soul." Genesis 2:7. That is right. We do not have a soul, we are a soul! It is the breath of God Himself which gives this thing we know as life to our physical bodies. The breath of God is the difference between a living person and a corpse.

We have already learned that man is made up of four dimensions: Physical, mental, social and spiritual. Each is important to God our Creator. So many pagan religions have taught that the body was the only thing of importance in the earth. "Eat, drink, and be merry, for tomorrow we die," has been the prevailing sentiment in ages past. Self-gratification, selfish-lustful desires were the way of life. Human-life was cheap.

At this dark point in the history of our earth, Christianity teaches something wonderful. The Christian concept is that the human body is fearfully and wonderfully made, and that it is sacred. Physical habits took on a new importance under the teaching of Paul when he said, "Ye are not your own, for ye are bought with a price, therefore, glorify God in your body and in your spirit which are God's." 1 Corinthians 6:19, 20. So this is the first reason for considering good health as a religious matter.

There is a second reason equally as important. It is simply this: Our character is affected by the state of our health. Paul referred to this when he wrote in 2 Corinthians 7:1, "let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God." In other words, holiness can be attained best if we refuse to be the slave of unhealthful habits.

Medical Science tells us that the condition of our bodies affects our personality, mental outlook, and our spiritual life. If you are eating a diet deficient in vitamin B, you are probably irritable, impatient, and nervous. If you have indigestion or too much acid in your stomach, you may have an acid tongue! At least you do not feel like worshipping God. We have also seen that

our thoughts affect our body and our spiritual interest. If we have selfish thoughts, guilt-feelings, fear, anger and mistrust, we have very little desire to improve ourselves or serve God.

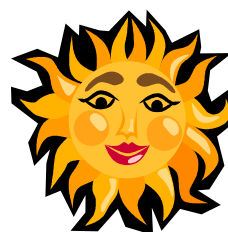
Since the mind and the soul find expression through the body, both mental and spiritual vigor are in a great degree dependent upon physical strength and activity. What ever promotes physical health, also promotes the development of a strong mind and a well-balanced character. Without health, no one can completely fulfill his obligations to himself, to his fellow-beings, or to His Creator. Therefore, we are stewards of our bodies that belong to God. We are responsible to Him for their care.

We are also responsible to our families and our children for teaching them how to care for their bodies. How much is a child worth? If your child grows into manhood being carefully taught to obey the laws of good health; if he is taught to resist the social pressure of drinking and smoking, etc., because they conflict with physical law; if he is taught to walk in obedience to mental and spiritual law, he will possess physical strength and mental vigor capable of fulfilling the purpose of God for his existence.

Our bodies are the temple of the Holy Spirit. 1 Corinthians 3:16, 17. They are under our stewardship. There is a very important and special reason for Better Living, when we realize this. The results of faithful stewardship are a clear mind, health, and vitality; for the laws of health were made by the One who created us and has only our happiness in mind. What a wonderful Owner we have! And "He owns the cattle on a thousand hills and the wealth of every mine!"

He owns the rivers and the rocks and hills, the sun and stars that shine. Actually, this world is "twice His!" He made it, and sustains it, and then Christ redeemed it from Satan by His death on Calvary. We have a great responsibility as His stewards. How can we be faithful stewards in material things as well as physical things? There is as great a blessing for us in this as in being faithful stewards of our bodies!

<http://www.pathlights.com/Better-Health/Better-Health-27.htm>



Theophilus Healing Mission A Chapter of the Order of St. Luke the Physician

THM will NOT be having a 'first Friday of the month' Healing Service in September. Instead we will be having an Evening of Healing with the Rev. Canon Mark Pearson on Friday September 13th. Registration starts at 7:00 pm and Canon Mark will start speaking at 7:30 pm. There will be a time for prayer with anointing and laying on of hands.

Canon Mark Pearson is an author and world wide speaker on Christian Healing. He has also spoken on the Meyers-Briggs Method. He has been involved with Healing Ministry for 30+ years. He and his wife Mary, a medical doctor, run a Healing Center in New Hampshire, offering not only spiritual healing but physical as well. Please bring your friends to this event, you will be blessed.

Looking ahead to October, Region 2 will again be sponsoring a "Quiet Walk With Jesus" October 16-18 at the Tuscarora Conference Center in Pennsylvania. Also in October the South Shore Healing Chapter of OSL is having The Rev's Gary and Judith Dalmasso from RICM (Renewal In Christ Ministries) as their speakers on October 18th and 19th at St. Mark's Church in Islip. This is another event that you will be blessed by attending. Lots of opportunities for healing to happen in your life and the lives of your loved ones.

Ginny and Ann
Theophilus Healing Mission



Liturgical Calendar July

Baptisms: June Catherine Zoe Rhame

Burials: Joseph F. Spadaro
Ethel Fay Doreen Tavitian



Home Bible Study In the Upper Parish House

The Monday Night Bible Study will begin our Fall Season with a covered dish supper and Eucharist at the home of Ruth Wintjen, on Sunday, September 8th at 5:00pm. Please call Barbara Delfyett at 751-3658 to sign up for food.

Our Bible Study will begin on Monday, September 9th with gathering time at 7:00pm and study beginning at 7:30pm.

All are welcome! If you have any questions regarding the Monday Night Bible Study, please feel free to call Wayne Johnson after September 4th at 473-7913.

'Exploring The Word' Bible Study

The 'Exploring The Word' Bible Study, which is held in the MCS building on alternate Monday evenings, will begin on Monday, September 23rd at 6:45pm.

All are welcome to join us!

We would like to remember in prayer,
those who are serving in the
Armed Forces.



Afghanistan:

Michael Cardamone, Adam Fullerton,
Roy Raguso, Mike Hanna, Kevin O'Donahue
Kevin LoRusso

**May God protect them, bless them,
and bring them home soon.**

August Birthdays

8/01 Carly DeCastro
Edmunde Stewart
8/02 Robert Clancy
Rebecca Spillman
8/03 Georgette Bowling
Sophia D'Aleo
8/05 Maryellen Russell
Jordyn Aiello
8/06 Lisa Behnke
8/07 Margaret Ford
Melissa Dolan
8/08 Marilyn Wagner
Ernie Behnke
James Stevenson
Emma Kolsch
8/09 Valerie Staniloff
8/10 Fred Johansen
Ray Camenzuli
8/11 Beverly Tyler
Dan Rowe, Jr.
Donna Kaires
8/12 Andrew Camenzuli
8/14 Hal Staniloff
Bob McCarroll
8/14 Liz Specht
A. Jay Acker
8/15 Lauren Aiello
Christina Monastero
8/16 Andrew Visconti
Ursula Martincic
8/17 Cookie Cook
8/18 Al Galloway
Mary Wueste
8/19 Frank Wieland, Jr.
Sarah Strakosch
Diana Coutros
Norma Stewart
8/23 Jackie Heming
William Hatfield
8/25 Bruce Lockerbie
Alexis Smith
8/26 Caroline Ennis
Kristen Walstrum
Lucas Flynn
8/29 Hannah Dunn
8/30 Stan Klasek, Jr.
8/31 Jessica Blanchard



Noisy Offering!

Stewardship of our Talents

A continued support for a Church Build for Habitat for Humanity

Everyone --- Young and Not so Young

Bring your spare change to church each

Sunday through the Summer Months

Our children will be taking a "Noisy Collection."

Drop your change in the cans passed around when the children leave for their

Camp Caroline Program

and listen to the "JOYFUL NOISE" we create for God!

Proceeds will be added to our

cans and bottles deposit collection to

help us raise **\$2500** to apply for a

Church sponsored build for Habitat for Humanity!



Don't Forget.....

**Buy Gift Cards for
Stop & Shop / King Kullen /
Wild by Nature**

At coffee hour on Sunday or
at the church office during the week!

Parishioners buy a \$ 50 gift card,

spend \$50 @ store of choice

Store gives CAROLINE \$\$\$\$

We are still in need of a volunteer to sell Gift Cards on the 2nd Sunday of the month. Are you looking for a ministry that won't take too much time? Well this is the answer to that question. Sell Gift Cards during Coffee Hour on Sunday. One Hour of your time once a month. If interested, please call Janet in the Parish Office at 941-4245. Training is available.

Please support our Bike MS Fundraiser!!!



Dear Caroline Church Family,

On October 6th, my husband Dave and I will be biking 30 miles around Manhattan Island to raise awareness for Multiple Sclerosis, a neuroinflammatory condition encompassing a range of symptoms that vary from person to person. This event is an annual fundraiser for the National MS Society.

I was diagnosed with MS in November 2012. After making several lifestyle changes, I am pleased to say that I am feeling healthier than I have in years! I now want to help others who are struggling with MS (more than 2.1 million people worldwide).

Dave and I have a goal to raise \$1000 by September 20th (the fundraising deadline). Every little bit helps. Please help us create a world free of MS!

You can either donate online, or give a check to Bethany or Dave at church and they will donate the specified amount online in your name. To donate online, please go to the following link:

[http://main.nationalmssociety.org/site/TR/Bike/HOMBikeEvents?
px=11637177&pg=personal&fr_id=21176](http://main.nationalmssociety.org/site/TR/Bike/HOMBikeEvents?px=11637177&pg=personal&fr_id=21176)

Thank you so much for your thoughtful support. It means a lot to us!

Sincerely,
Bethany Cencer Blake and Dave Blake

Canon Wancura to Retire....again!

Canon Wancura will be retiring from Holy Trinity, Greenport. There will be a special retirement party on Sunday, August 25th immediately following the 10:00am service at Holy Trinity in the Fellowship Hall. Everyone is invited to come and celebrate this festive occasion.

Let Your Light Shine!

Experience the power of God in your life!

Church United Methodist
545 Old Town Rd., Pt. Jefferson Station

Renewal, Revival, Worship
August 22-23, & 24th
Thursday, Friday, & Saturday at 7:00pm

For more information call 473-4764
Free Admission
www.christchurchihs.org

About Ministry for Woman

October 25-26th, 2013
Holiday Inn Express, Nesconset
\$160 for shared room / \$235 for single room
Price includes conference, hotel overnight, two meals Saturday, conference materials, and music.
Please bring a snack to share, comfortable clothing, overnight necessities and an open heart!

Ministry for Woman is a group of ordinary women (like you) who have felt the common call to gather, share, learn and praise Jesus Christ. Our mission is simply to draw nearer to our Lord and Savior.

Our overnight conference is a time for reflection on our common faith and to focus on Christ. It is an opportunity to de-stress and get away from responsibilities, to grow in Christ in an environment where we can love, laugh, and reflect with other Christian women.

Questions? ministryforwoman@yahoo.com

An Evening of Healing Prayer with Canon Mark Pearson

September 13, 2013 7:30pm
Caroline Church

Canon Mark Pearson will speak, pray with the laying on of hands, and anoint each member of the congregation. A reception and book signing will follow.

His published books include:
Christian Healing, Why Can't I Be Me?, The Basics of the Faith, Boot Camp for Christians.

Come and be blessed!



The Diocese of Long Island

The Episcopal Church in
BROOKLYN ■ QUEENS ■ NASSAU ■ SUFFOLK

August 2, 2013

My brothers and sister in Christ,

Like so many of you, I find myself in shock and grief over the structural violence and racism that tear apart the very communities where we seek to bear the love of Jesus Christ. In the aftermath of the death of Trayvon Martin and the acquittal of George Zimmerman, the reality of injustice has only become more stark.*

Our diocese is arguably the most diverse in the entire Episcopal Church. There is no way for us to live out God's mission without addressing the continued violence and racism in our midst. Whatever the make-up or location of your particular parish, the fate of poor people, undocumented people, and people of color touches us all. How will we stand with neighbors who fear their lives are worthless and their suffering invisible? How will our churches provide true sanctuary and welcome all people, especially marginalized youth, to flourish within the body of Christ?

There are several concrete opportunities for action around which I pray you will join me:

Project Safe Surrender

(www.projectsafesurrender.org)

9 a.m. – 3 p.m. on Friday, August 16 and Saturday, August 17

St. Augustine's Episcopal Church, 4301 Avenue D, Brooklyn 718-659-0959

Our diocese is co-sponsoring this major effort, in partnership with St. Augustine's, the Brooklyn District Attorney, the NYPD, Legal Air Society, other local authorities and a host of support services. Any person in the five boroughs with an outstanding warrant for a minor violation can enter the church, have their case considered and - in most cases - dismissed on site. Church volunteers are needed to offer hospitality, prayer and support for defendants and their families.

If you would like to be trained and help with Safe Surrender, call 718-629-0959.

Mentoring Programs to Reverse the School-to-Prison Pipeline


Some young people may come through Safe Surrender and seek a mentoring relationship with a local church in order to build a new life and stay out of the criminal justice system. Working with The Episcopal Church's Office of Black Ministries, I am asking our churches to become hosts for these mentoring projects. ***To learn more, contact Angela Ifill at 212-922-5343 or ai-fill@episcopalchurch.org or read about the "Rising STARS Experience" at www.episcopalchurch.org/black.***

Forum on Structural Violence and Racism

This October, the Diocese of Long Island, through the Mercer School of Theology will host a facilitated conversation about the intersection between structures of violence and racism in our neighborhoods and our nation. Please stay tuned for details on this important event, and plan to bring a group from your church, including youth.

We have engaged in significant mission discernment over the last several years, and I am grateful for the faithfulness with which so many of our parishes have turned their energy and resources outward in love for our neighbors. Let us commit to engage in a collective effort, not as individuals but as a diocese that prays together and acts together, moved by our love for Christ and longing for his kingdom to come. I look forward to moving ahead with each of you, as your bishop and as your brother in Christ.

Faithfully yours,

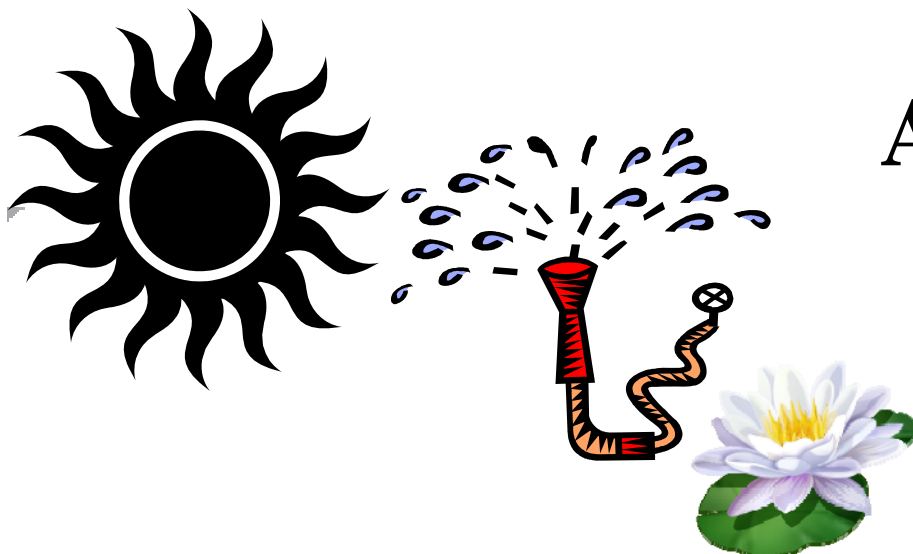


Lawrence C. Provenzano
Bishop of Long Island

LCP:dn

**Experts describe a clear "School-to-Prison" through which black and Latino young men travel. Black students are more than 3 1/2 times as likely as white students to be suspended or expelled; Latino youth are 1 1/2 times more likely than whites. In turn, 4 out of 5 black youth in many of our communities can expect to be incarcerated in their lifetimes. The same system has placed more African-American men in prison or jail, on probation or parole than were enslaved in 1850, before the Civil War began. Finally black youth are more than 400% more likely to be murdered than other youth.*

August 2013



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|------------------------------|---|-------------------------------------|---|---|--|
| | | | | 1 <i>Janet on vacation</i> 10:30 AM Pastoral Team to Sunrise Asst. 12:30 PM H.E & Healing Service | 2 <i>Janet on vacation</i> DEADLINE FOR THE CARILLON 7:00 PM Movie Night | 3 |
| 4 PENTECOST 11 8:00am & 10:00am Services BAKESALE: Young Life 10:00 AM Camp Caroline 4:00 PM Choir Party at the Ellis' home. | 5 | 6 2:00 PM Steve Roggemann use parish house 3:30 PM Soup Kitchen at CCUM | 7 | 8 10:30 AM Pastoral Team to Woodhaven 12:00 PM <i>PRC Secretaries Lunch-Janet</i> 12:30 PM H.E & Healing Service | 9 9:30 AM Collate the Carillon | 10 9:30 AM Caring for Caregivers Support Group in Parish House 11:00AM Adult Ed meets in MCS building 1:00 PM Confirmation Class meets downstairs in MCS building 3:30 PM Church Tour - Bev 5:30 PM Summer H.E. in the MCS building |
| 11 PENTECOST 12 8:00am & 10:00am Services 10:00 AM Camp Caroline | 12 10:30 AM Staff Meeting | 13 2:00 PM Steve Roggemann use parish house 3:30 PM Soup Kitchen at CCUM 7:15 PM Stewardship meeting | 14 | 15 10:30 AM Pastoral Team to PJ Health 12:30 PM H.E & Healing Service | 16 4:30 PM Wedding Rehearsal 7:00 PM Movie Night | 17 11:00 AM Wedding: DeRosa/Clancy 4:00 PM 20s & 30s Group meets |
| 18 PENTECOST 13 8:00am & 10:00am Services 10:00 AM Camp Caroline | 19 | 20 2:00 PM Steve Roggemann use parish house | 21 5:00 PM Wedding Rehearsal | 22 10:30 AM Pastoral Team to Jefferson Ferry 12:30 PM H.E & Healing Service | 23 DEADLINE FOR THE CARILLON 2:00 PM WEDDING: Johansen 7:00 PM Movie Night | 24 9:30 AM Caring for Caregivers Support Group in Parish House 1:00 PM Confirmation Class meets downstairs in MCS building 5:30 PM Summer H.E. in the MCS building |
| 25 PENTECOST 14 8:00am & 10:00am Services BAPTISM: Saar 10:00 AM Camp Caroline | 26 10:30 AM Staff Meeting | 27 2:00 PM Steve Roggemann use parish house | 28 | 29 12:30 PM H.E & Healing Service | 30 9:30 AM Collate the Carillon | 31 |

THE CARILLON

Caroline Church of Brookhaven

The Rev. Dr. Richard D. Visconti, Rector

One Dyke Road
Setauket, NY 11733-3014

Non-Profit
Organization
U.S. POSTAGE
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East Setauket
New York

RETURN SERVICE REQUESTED

Family Holy Eucharist

Saturday, August 10th & 24th
at 5:30 p.m.

Movie Night

August 2nd, 16th, 23rd
7:00pm

Caroline Church of Brookhaven
Summer Sunday Services: 8:00 a.m., 9:30 a.m., 11:15 a.m.
Tel. (631)941-4245 Fax (631)941-0280
Parish Office E-mail: office@carolinechurch.net
Web site: www.carolinechurch.net